A Little Roadmap to help you ..

Celebrate Your Success

&

Manifest More in 2018

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Let's Celebrate!

1.) **Looking back on 2017, what are you most proud of? List all the good things!** Take some time with this. Open up your calendar and peruse each month. You may have forgotten about that industrial you booked or award nomination you received.

2.) **Who were the people who helped you this year?**
This could be an influential acting teacher, a friend who introduced you to a director, a family member who was always available for a chat, etc. Send them a thank-you note sometime in January & *keep them in mind when you need a reminder that you have support & are not alone*- **these folks believe it you**!

3.) **What were the greatest challenges 2017 presented?**
How did you work through these challenges? Were the challenges overcome? Or are there some final steps needed to wrap up any challenges? *I would love to help you with this- let's chat!*

4.) **What goals did you set for yourself in 2017?** If you did not set any, and could use some guidance to acheiving more bookings and success in 2018, *Let's chat!*

5.) **Are there any goals from 2017 that are no longer important to you?**
If so, that's totally okay, and it's really great to acknowledge that your interests, priorities, or circumstances have changed. In the words of Elsa "LET IT GO!" *Not sure if you should "Let It Go" or "Keep Holdin' On"? Let's chat!*

6.) **What goals remain from this year that you absolutely want to achieve in 2018?** *Want some guidance & accountability with this? Let's Chat!*

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Let's Manifest!

Create...
Design...

1.) **If 2018 were a clean slate, and nothing was an obstacle, what would you dream for yourself?** What specific projects would you book? What projects would you begin saying "no" to in order to create space? Not sure how to say "no"? *Let's Chat!*

2.) **How does that dream scene make you feel?** Get specific.

3.) **What do you know already exists for you artistically in the 2018 calendar year?** How about personally? Any vacations planned?

4.) **How are the artistic pursuits already scheduled in support of your dream goals for 2018?**

5.) **Who are some people in your life who you may be able to call on for help in order to make these goals a reality?** List up to 12 and reach out to one each month. How can you help them? Relationships are a two-way street. Give generously.

6.) **What do you need to put in place in the first few months of 2018 to reach your big goal(s) for 2018?** Clarity? A specific plan? More scenes for your reel? An on-camera class? Not sure where to even begin? *Let me help!*

It is my intention that these questions will bring up some excitement and awareness of what you desire for 2018. *I believe in you and have opened up some time to discuss your 2018 goals.* If you'd like some clarity or support around any of this, *Let's Chat!*

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